## Safe and Healthy Lives in Safe and Healthy Communities

In the Matter of Carol Martin, M.D. C95-123

Reinstatement of License with Restrictions

This matter came before the Department of Health, Board of Medical Licensure and Discipline (the Board) on April 14, 1999 with respect to a petition for medical license renewal filed on or about January 7, 1999. The petitioner had surrendered her license to practice medicine to the Board in accordance with a Consent Order signed by her on December 6, 1995 and ratified by the Board at a meeting held on December 13, 1995.

Under the terms of the aforementioned Consent Order, the applicant is eligible to apply for a license in Rhode Island only after she submits satisfactory evidence that she is able to practice medicine with a reasonable degree of skill and safety. The Consent Order mandated that this was to be accomplished through successful evaluation and treatment. The petitioner has demonstrated through medical evaluations by respected treatment providers that she is able to return to a restricted license status.

The petitioner's license to practice medicine is hereby reinstated with restrictions imposed as follows:

- 1. The petitioner waives any rights to confidentiality of her psychiatric and medical heath care information in favor of the Board of Medical Licensure and Discipline and the Board of Medical Examiners of the State of North Carolina.
- 2. The petitioner agrees that she will not be permitted to practice psychiatry or psychological counseling of any kind without written expressed permission from the Board.
- 3. Pending further Order of the Board in conjunction with the Board of Medical Examiners of the State of North Carolina (the North Carolina Board), the petitioner shall be limited to the practice of sleep medicine and those activities normally and usually attendant to the practice of medicine in the specialty of sleep medicine. Nothing in this Order shall prohibit the petitioner from submitting future applications to this Board or to the North Carolina Board for permission to engage in the practice of other medical specialties.
- 4. Commencing on the date of ratification of this Order, the petitioner will enter into a three-year contract with the North Carolina Physician's Health Program whereby it shall be the sole

responsibility of the petitioner to provide reports to the Physician's Health Program regarding her compliance with the recommendations of any of her treatment providers, monitors and/or supervision. The petitioner shall file duplicate reports with the Board simultaneously. These reports shall be filed quarterly in the months of January, April, July and October. Such reports shall be filed pending further action of the Board of the North Carolina Board.

- Any failure to send the required reports to either state will be judged to be noncompliance with the terms of this restricted license and shall subject it to immediate suspension.
- 6. The petitioner agrees to refrain from the use of alcohol and illegal drugs. Further, the petitioner agrees to random urine screens and blood testing at the request of the Board of Medical Licensure and Discipline or the Board of Medical Examiners of the State of North Carolina.
- 7. Any use of prescription medications is acceptable only when obtained through a valid prescription from a licensed healthcare provider.
- 8. lack of compliance with any term of this Reinstatement will subject the petitioner to an immediate suspension for a license to practice medicine.

Carol Martin M.D.

Ratified by the Board of Medical Licensure and Discipline on May the

Hatricia L. Vlotaw MD, M Patricia A. Nolan, M.D., MPH Director of Health